



Stalking

Stalking is a course of conduct directed at a specific person that would cause a reasonable person to feel fear. You are being stalked if a person repeatedly watches, follows, or harasses you, making you feel afraid or unsafe. A stalker can be a current or past partner, friend, acquaintance, or stranger.

If you are experiencing stalking, develop a safety plan, keep a detailed log of the incidents, and consider filing a report with law enforcement or seeking a stalking injunction for protection. To learn more about stalking and what you can do to protect yourself, please call an advocate 24/7 at (407) 823-1200.

Typical Behaviors of Stalkers

- Appears unexpectedly where you are
- Drives by your home, school, or place of employment
- Repeatedly calls, texts, leaves voicemails, posts on your social media accounts
- Persists in leaving unwanted letters, notes, cards
- Sends/delivers unsolicited gifts
- Covertly observes or surveils your daily activities and reports back what you did
- Disguises voice, vehicles
- Uses spoofing, text bombing, etc. to contact you
- Contacts your friends, family, neighbors, boss, co-workers to check on your whereabouts
- Has someone else contact you, your family, or others to find out information about you
- Approaches or pursues you
- Disregards warnings and no-contact statements from you
- Vandalizes your property
- Makes threatening, obscene, and/or harassing calls, texts, messages, posts
- Confines, restrains, or corners you
- Possesses or shows weapons with the intent to commit physical violence or homicide
- Threatens to harm self or others if you do not respond
- Causes or attempts to cause you bodily harm
- Commits acts of physical violence

UCF Victim Services

Emergency: 911 ♦ 24/7 Advocacy & Support: (407) 823-1200
victimservices.ucf.edu ♦ askanadvocate@ucf.edu